



ATHLETIC TRAINING

Bachelor of Science

Ila Faye Miller School of Nursing & Health Professions

Program Overview

An athletic trainer is a qualified health care professional educated and experienced in the management of injuries and health care problems associated with exercise and sports participation. In cooperation with physicians and other health care professionals, the athletic trainer functions as a member of the athletic health care team. The Board of Certification regulates the certification process at the national level and the Advisory Board of Athletic Trainers through the Texas Department of Health Safety Services regulates the profession at the state level.

Career Opportunities

Athletic Trainers have traditionally worked within athletic departments in traditional educational settings or with professional sports teams. Recently, jobs have opened in non-traditional work settings such as physical therapy clinics, physician offices, and corporate/industrial settings. As the demand for health care increases and more individuals begin to play sports or adopt an active lifestyle, the demand for athletic trainers will continue to increase.

Program Accreditation

The Athletic Training Education Program is accredited through the Commission on Accreditation of Athletic Training Education (CAATE). This is an independent accreditation agency dedicated toward the advancement of the education of athletic trainers.

The mission of the program is to prepare graduates who are skilled in the competencies and proficiencies identified and outlined by the National Athletic Trainers' Association Education Council. The Bachelor of Science in Athletic training prepares the student to meet the requirements of the national certification and state licensure examinations. It will take the student five semesters to complete the didactic and clinical courses associated with the athletic training degree.

Major courses are developed from the educational competencies and clinical proficiencies identified by the Executive Committee on Education from the National Athletic Trainers Association. Courses and clinical experiences are designed to improve the student's subject knowledge and provide the student with confidence in their clinical skills. Degree requirements and specific course information can be found in the university catalog or on the program website. Students also complete clinical experiences working with various populations of the physically active.

Contact

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Bachelor of Science in Athletic Training
ILA FAYE MILLER SCHOOL OF NURSING & HEALTH PROFESSIONS
2015-2017

Freshman Year: Fall		Hrs.
ENGL 1311 or 1311L - Composition I	3	
DWHP 1200 – Dimensions of Wellness	2	
MATH 1304 – College Algebra OR MATH 2303 – Intro to Probability/Stats	3	
BIOL 2321 – Anatomy & Physiology I	3	
BIOL 2121 – Anatomy & Physiology I Lab	1	
ATHP 1211 – Medical Terminology	2	
∞Placement in BIOL 2321/2121 dependent on Math scores		
Total hours	14	

Sophomore Year: Fall		Hrs.
ENGL 2310 – World Literature Studies	3	
NUTR 2341 – Introduction to Nutrition	3	
Modern Language Course I	3	
PHIL 1381 – Introduction to Philosophy	3	
ATHP 1310 – Intro to Patient Care	3	
Total hours	15	

Junior Year: Fall		Hrs.
ATHP 3270 – Clinical Experiences I	2	
ATHP 3171 – Athletic Training Prep I	1	
ATHP 3355 – Biomechanics	3	
PSYC 3381 – Stats for Behavioral Science	3	
ATHP 2315 – Eval of Trunk/Lower Extremity	3	
ATHP 3320/3120– Modalities & Lab	4	
Total hours	16	

Senior Year: Fall		Hrs.
ATHP 4270 – Clinical Experiences III (2)	2	
ATHP 4171 – Athletic Training Prep III (1)	1	
ATHP 3330 – Therapeutic Rehabilitation (3)	3	
ATHP 3130 – Therapeutic Rehab Lab (1)	1	
ATHP 4320 – Train/Condition Prescription (3)	3	
ATHP 3340 – Concepts in Organization/Admin (3)	3	
RELS/PHIL 3000 or 4000 Level Course	3	
Total hours	16	

Freshman Year: Spring		Hrs.
ENGL 1312 – Composition II	3	
PSYC 1301 – Introduction to Psychology	3	
1000 Level Religious Studies Course	3	
BIOL 2322 – Anatomy & Physiology II	3	
BIOL 2122 – Anatomy & Physiology II Lab	1	
ATHP 2199-Seminar for Hlth Professionals	1	
Physical Education Activity Course	1	
Total hours	15	

Sophomore Year: Spring		Hrs.
ATHP 2305 – Fun Anatomy & Muscle Test	3	
ATHP 2310 – Ortho Injuries/Athletic Conditions	3	
Modern Language Course II	3	
ATHP 1110 – Injury Prevention Strategies	1	
History Core Course	3	
ATHP 2301 – Emergency Aspects in AT	3	
Total hours	16	

Junior Year: Spring		Hrs.
ATHP 3280 – Clinical Experiences II	2	
ATHP 3172 – Athletic Training Prep II	1	
ATHP 2341 – Pharm Concepts and Practice	3	
ATHP 3310 – Pathology of Body Systems	3	
ATHP 4191 – General Medical Clinical Exp	1	
*ATHP 2320 – Eval of Head, Neck, Upper Ext	3	
Fine Arts Core Course	3	
Total hours	16	

Senior Year: Spring		Hrs.
ATHP 4280 – Clinical Experience IV	2	
ATHP 4172 – Athletic Training Prep IV	1	
NUTR 4356 – Nutrition for Human Perform	3	
ATHP 4338 – Exercise Physiology	3	
ATHP 4310 – Psychosocial Strategies & Referral	3	
PSYC 3384 – Research Methods	3	
Total hours	15	

Core Curriculum - Total Hours 37
Major - Total Hours 86
Degree - Total Hours 123